PLEASE PRAY FOR Mary Lucas, Ballymurphy Road who died recently. ANNIVERSARY MASSES FOR SATURDAY 30TH JANUARY, 7.30 P.M.

Billy O'Neill, Ballymurphy. Patrick Connolly, 3 Bellwood Drive. Edward & Margaret Dunbar, Ardristan and daughter Lizzie Joyce. Patty Dunbar, Ardristan and London, son Eamon and sister Bernie. Patrick & Annie Dalton, Station Road and son Pat, Ardristan. Pat Murphy & deceased family members, Rathbawn. Kathleen & John Kavanagh, Kill.

MASSES FOR SUNDAY 31ST JANUARY, 11.00 A.M.

MONTHS MIND MASS: Billy Nicholson, Ouragh.

Anniversary Mass for John Foley, The Square.

ANNIVERSARY MASSES FOR SATURDAY 6TH FEBRUARY, 7.30 P.M.

Mary, Billy & John Garry, Castledermot Road. Peter Byrne, Dublin Road and his brother Harry Byrne, Rathvilly. Jim Gorman, Dublin Road. Dom Murphy, Barrack Street. Padraig Cunnane, Shillelagh Grove.

MASSES FOR SUNDAY 7TH FEBRUARY, 11.00 A.M.

FIRST ANNIVERSARY MASS: Connie Moore, Shillelagh Road and also for her husband Paddy whose anniversary occurs at this time.

FIRST ANNIVERSARY MASS: Adrian Kelly, Crosskeys and San Francisco.

Tom & Elsie McNabb, Church Street. Sally & May McNabb, Church Street. Nora & Mick McLoughlin, Barrack Street. Thomas Thompson, Knocknatubrid. Mary O'Neill, Ballintemple.

PROGRAMME FOR THE WEEK

Monday: 9.30 a.m. Tuesday: 9.30 a.m. Wednesday and Thursday: 9.30 a.m. Friday: 7.30 p.m. Saturday: 7.30 p.m. Sunday: 11.00 a.m.

If you wish to have your child baptised please ring The Parish Office on 059 9151277

Forward Steps Resource Centre The Centre remains closed at the moment—please phone 086 7937321 to get in touch. **Free telephone counselling service** available on Monday, Wednesday and Friday even-ing from 6 to 8 p.m. Should anyone out there feel isolated or in need of someone to chat to during these very challenging times. Phone Meave on 087 6693838. **Free Creative Mandala Programme (Online)** starting 22nd February 10 a.m. - 12.30 for 4 weeks via Zoom. Mandala artwork and life-skills workshop. Materials will be provid-od suitable fer begingers. Contact Sandra on 086 SEE204 or Sharon on 086 1905694 ed, suitable for beginners. Contact Sandra on 086 8555294 or Sharon on 086 1895684.

SCOIL PHADRAIG NAOFA: Applications for Admission to Junior Infants in Scoil Phadraig Naofa for the 2021/2022 school is now open. Please fill in the "Junior Infants Admission Form" in the "Information" section of the school website, www.tullowboysns.ie The closing date is 3rd February 2021.

Scoil Mhuire Lourdes: Applications for Admission to Junior Infants in Scoil Mhuire Lourdes for the 2021/2022 school year will open on Thursday 14th January 2021. Please fill in the "Application Form for New Junior Infants". This can be found on the school website www.smltullow.ie under the "Scoil Mhuire Lourdes Enrolment" section. The closing date for applications is Wednesday 3rd February, 2021.

TULLOW, GRANGE AND **ARDATTIN PARISH NEWSLETTER**

31st January, 2021. Fourth Sunday in Ordinary Time.

In our Gospel today Jesus is in the frequently mentioned town of Capernaum: a place which has welcomed Jesus, and allowed him to teach in the Capernaum synagogue. The people like him and are very impressed with what he has had to say.

One person, a "man possessed by an unclean spirit", who has come to hear Jesus, suddenly shouts out. "What do you want of us Jesus of Nazareth?" The description of the poor man troubles us, however we must remember that two thousand years ago the reasons for any sickness were completely unknown. Our ancestors used possession by evil "unclean spirits", or indeed the impact of past sinfulness on people, to try and explain physical or mental conditions.

The reaction of Jesus to this man's shouting is what is important today. Jesus is patient and gentle with him. Gradually the man is made peaceful and finally he is cured by Jesus.

This is the theme of our reading. We are all possessed by some "unclean spirits" of our own from time to time. Maybe it is pride, jealousy, anger, or greed. We are taught that Jesus will always be patient and gentle with those who bring their "unclean spirits" to his attention. He understands us. He loves us. He can help. We need to reach out to him.

Today we pray that we can be people of Faith who believe in a patient and gentle Jesus, a God who will respond mercifully to us if we reach out to him.

Vincent Crowley