

Covid - 19 Support Line for Older People

ALONE manage a national support line and additional supports for older people who have concerns or are facing difficulties relating to the outbreak of COVID-19. Professional staff are available to answer queries and give advice and reassurance where necessary. The support line is open seven days a week, 8 a.m. - 8 p.m., by calling 0818222024.

Cycle Against Suicide is inviting community clubs and associations to complete our free 'Community Buddy' Programme and be trained to provide 'Buddy' support in their community.

Our aim is to train and deploy 'Community Buddies' across Ireland. We invite local clubs and associations that have personnel who are already Garda vetted to nominate themselves to complete our 'Community Buddy' training programme. This training, delivered over 2 days or 4 evenings, is free of charge for your club/association and will equip you to provide much-needed support for those in your community who may be struggling with mental health distress. To sign up please visit:
<https://www.cycleagainstsucide.com/community-buddy-club/>

Carlow Regional Youth Service

Summer Camps at Tullow Youth Project 2021.

Please contact any of the following for details:

Cathy: 085 8338732. Email cathy@carlowys.ie

Natalie: 086 7806406. Email natalie@carlowys.ie

Emma: 086 7806405: Email emma@carlowys.ie

Alternatively, you can contact the office on 059 9152297

CAIRDEAS CENTRE, TULLOW.

Notice is hereby given that the **Annual General Meeting** of The Cáirdeas Centre (CLG) will be held on Monday 26th July in the Cáirdeas Centre.

ARDATTIN FUNDRAISERS are holding a Tractor Run on Sunday 18th July starting and finishing in Ardattin with all proceeds to Carlow Kilkenny Home Care Team. Registration is from 12 p.m. in the Carpark and starting at 2 p.m.

Wicklow based artist Andrea Kelly is looking for stories, memories or anything else you wish to share about Rathgall Hillfort (The Ring of the Rath) and surrounding areas. Contact her at info@andreakelly.ie or at <https://www.facebook.com/wicklowtheatre>

TULLOW, GRANGE & ARDATTIN PARISH NEWSLETTER

18th July, 2021.

16th Sunday in Ordinary Time.

PARISH CONTACTS

Parish Office: 059 9151277.

Email: tullowparish@outlook.com

Fr. Brian Maguire: 059 9181253.

Mass Times: Tullow:

Monday & Wednesday: 9.30 am.

Friday & Saturday: 7.30 p.m.

Sunday 11.00 a.m.

Grange: Sunday at 9.00 a.m.

Ardattin: Sunday at 10.00 a.m.

Shepherd me O Lord

Most of us are realistic enough to know that our prayers are unlikely to result in great miracles which change our lives dramatically. While miracles do happen from time to time, mostly our prayers find us seeking God's help in getting through difficult times. When we pray we mainly ask God to "Shepherd us". Our readings today are about Shepherding.

In the first reading God is speaking through the prophet Jeremiah. God promises to change things and will raise up in Jesus Christ.

In our Gospel we see the Shepherd Jesus Christ at work. His disciples are exhausted having returned from their first missionary work. Jesus and the disciples then flee the swarming crowds and go to a lonely place to rest. The crowds discover where they are and chase after them. Jesus "took pity on them because they were sheep without a shepherd". In the next section of this Gospel reading, Jesus feeds these 5000 lost sheep. Jesus always has the capacity to Shepherd us.

There is one particularly important line in our psalm today "The Lord is my Shepherd".

"Surely goodness and kindness will follow me all the days of my life". Shepherding for us is often the actions of good and kind people who support us in our lives. Let us pray today for the willingness to show goodness and kindness to others. In doing so we play our part in the Shepherding work of God.

R.I.P. Tom Holohan, Shillelagh Road, Tullow who died during the week.

MASSES FOR SATURDAY 17TH JULY, 7.30 P.M.

Mary Murphy (nee Doran) formerly of Crosslow. P.J. Roche, The Course. Billy & Betty Mulhall, The Grove. Denis Kelly, Munny, Coolkenno.

MASSES FOR SUNDAY 18TH JULY, 11.00 A.M.

Patricia Abbey, 30 Courtview. Thomas & Ellen O'Reilly, Castlemore. Maura Jackman, Crosslow. Joseph & Annie Coady, Dublin Road.

FIRST ANNIVERSARY: Michael Dreelan, Newstown, Ardattin today Sunday 18th July at 10 a.m. in Ardattin Church.

ANNIVERSARY MASSES FOR SATURDAY 24TH JULY, 7.30 P.M.

Margaret Moody, Kinneagh, Tullow.

ANNIVERSARY MASS for Brian Farrell, Killerig/Newry next Sunday 25th July at 9.00 a.m. in Grange Church.

MASSES FOR SUNDAY 25TH JULY, 11.00 A.M.

FIRST ANNIVERSARY: Teresa Kelly (nee Kealy), Tanardstown.

CONFIRMATIONS: As a result of revised government health regulations, the planned Confirmation Ceremonies cannot go ahead. Because of the Delta variant we are unable to plan for the First Communion Ceremonies. We are sorry for the inconvenience but the decision is outside of our control.

Bishop Denis is inviting expressions of interest in learning more about formation for the **Permanent Diaconate in the Diocese of Kildare & Leighlin**. It is open to men between 30 & 60 who have a genuine sense of vocation to this calling. Deacons are self supporting and continue in their family lives and employment. A new programme will commence in October 2021. Please contact Rev. John McEvoy before July 31st for more information on **059 9161114** or email **permanentdiaconate@kandle.ie**

Email: tullowparish@outlook.com

**Recommended H.S.E. Guidelines
for all those attending Mass.**

- ◆ Please sanitise your hands when entering and leaving church.
- ◆ The use of face masks by those attending Church is compulsory.
- ◆ Maintain Social distance between yourself and other people.
- ◆ Do not shake hands or make close contact where possible.
- ◆ Stay at home and self-isolated if you have a fever, a new persistent cough, shortness of breath, a loss or change in your sense of smell. Phone your G.P.

Marathon update 2021

The Dublin City Marathon is once again cancelled this year. The Tullow Marathon Runners will be doing their own run in Tullow the surrounding area. At present we have 5,100 euro in the fund which 17 local charities and clubs will each receive €300 each. Your continued support means the world to us. If anyone would like to donate to this worthy cause you can do so at Tullow Credit Union under 'Marathon Runners'. Thanks again to everyone.

Tullow Active Retirement: It's now time to renew membership of Tullow ARA. This will cover insurance from now until December 2022 for all activities organized by Tullow Active Retired.

Activities ongoing are Tai Chi, Chair Yoga, Mt Wolseley pool (by appointment only 9180108).

We hope to start indoor bowls on the 19th July with Government approval.

Please contact Jim or Ettie on 9152925 or 086 8608611.

**St. Anne's College of Further Education
Tullow Community School, Tullow.**

Enrolments are now taking place for the following QQI Level 5 course which will commence in September, 2021.

**One Year Advanced Business
and Information Technology Training Course**

- ◆ Back to Education Grants, Maintenance Grants, FAS Funding and VTOS Grants available for those who are eligible.
- ◆ St. Anne's College of Further Education are pleased to offer the above QQI Level 5 Course to adults who need to return to education.
- ◆ Application forms and further information are available from the school office. Phone **059 9151473**.

Tullow Parish Community Centre. Phone: **059 9151277**.