Cycle Against Suicide is inviting community clubs and associations to complete our free 'Community Buddy' Programme and be trained to provide 'Buddy' support in their community.

Our aim is to train and deploy 'Community Buddies' across Ireland. We invite local clubs and associations that have personnel who are already Garda vetted to nominate themselves to complete our 'Community Buddy' training programme. This training, delivered over 2 days or 4 evenings, is free of charge for your club/association and will equip you to provide much-needed support for those in your community who may be struggling with mental health distress. To sign up please visit:

https://www.cycleagainstsuicide.com/community-buddy-club/

Kirwan Academy of Irish Dance will re-open their indoor dance classes on September 23rd in The Parish Centre, Tullow. 4.30 p.m. to 5.30 p.m. To register for a place, contact Emily 087 2140324.

Looking forward to welcoming our dancers old & new!!

DIOCESAN COMMUNITY NURSE

Part - time / 20 hours per week

This role is working with clergy in Kildare & Leighlin Diocese, providing an advocacy & support service to priests in the community. This is a fantastic opportunity to work within a growing community client focused organization. The ideal candidate must be:

- A Registered General Nurse (ideally with community experience).
- Have the ability to co-ordinate care planning in the community.
- Be self motivated and have the ability to work on own initiative.
- Possess excellent communication and time management skills.

Please contact Colette Ryan cyan@carebright.ie

Closing date: 7th September 2021

Ann's Footcare

House visits available Contact 0863691876 **Housekeeper required in Tobinstown area.** Start date as soon as possible. 8 hours per week - flexible on days/times. Contact 085 7141501.

BLUEZONE FITNESS

Is opening its new gym in Tullow, bringing its personal training, nutrition clinic & expert fitness classes this September. Opening morning on Saturday 11th September from 10am - 12pm. Come along to avail of <u>exclusive membership</u> <u>offers</u>!! **Tullow Business Centre, Bluncody Rd. Tullow**

TULLOW, GRANGE & ARDATTIN PARISH NEWSLETTER

5th September 2021.

23rd Sunday in Ordinary Time

PARISH CONTACTS

Parish Office: 059 9151277. Email: tullowparish@outlook.com Fr. Brian Maguire: 059 9181253. Mass Times: Tullow: Monday & Wednesday 9.30 am. Friday & Saturday: 7.30 p.m. Sunday 11.00 a.m. Grange: Sunday at 9.00 a.m. Ardattin: Sunday at 10.00 a.m.

Be open

It is said that there are only two challenges which each person must face completely on their own. The challenge of leaving this life and the challenge of finding God. No one can live out our final hours for us, and no one can find God for us. Our gospel today is about being open to Jesus, and through him finding our God. We hear today the story of Jesus curing "a deaf man who had a speech impediment". This miracle seems ordinary compared with many other miracles preformed by Jesus, but it contains important symbolism.

A suspicious and unbelieving world.

Jesus rarely left Galilea and Judea during his missionary years, however he was going "right through the Decapolis region" when this miracle takes place. The majority of the people in the Decapolis were Gentiles. They viewed Jesus, a Jew, with great suspicion. The Decapolis symbolizes the world we live in, where Jesus and his message are regarded with some suspicion if not hostility.

Ignore the voices in the crowd.

Next our gospel tells us Jesus "took (the man) aside in private" away from the crowd, and he "put his fingers in to the man's ears" to block out the voices in the crowd. Finally Jesus says "Ephphatha" in Aramaic - "be open".

These actions symbolize the need to ignore the voices in the crowd around us today who are loudly shouting messages promoting materialism and the importance of the individual. Instead Jesus seeks that we "be open" to him.

Ephphatha

In our search for Jesus let us pray for the wisdom to ignore the world around us, and the resilience to always be open to Jesus.

Vincent Crowley Deacon

PLEASE PRAY FOR Tom McDonald, Slaneyquarter, Tullow & Una Pender (nee Donohoe) Carlow & formerly Rathvarrin, Ardattin who died recently.

ANNIVERSARY MASSES FOR SATURDAY 4th SEPTEMBER, 7.30 P.M.

Brigid & Patrick Cannon & their daughters Peg & Una. Oliver Redican, Tullowhill. Sean Griffith, Tullowill. Brigid Cosgrove, Templeowen.

ANNIVERSARY MASS FOR SUNDAY 5th AUGUST, 11.00 A.M.

Liam & Kathleen Moore, Cannonsquarter.

MASS FOR WEDNESDAY 8th SEPTEMBER, 9.30 A.M.

Peter Cummins, U.K. & formerly Leaney, Ardattin.

ANNIVERSARY MASSES FOR FRIDAY 10th SEPTEMBER, 7.30 P.M.

Edward & Jane O'Neill & son Jim, St. Olivers Villas. Edward & Rosanna O'Neill, Paulville. Bill (Buller) Canavan, Tintean Phradaig.

ANNIVERSARY MASSES FOR SATURDAY 11TH SEPTEMBER, 7.30 P.M.

Pat Doran, Hillbrook Est. Ellen Thompson, 2 Castledermot Rd. Annie & Edward Quigley, Larkfield, Carlow. Sean Doyle, Tobinstown. Paddy Hade, Dublin Rd.

ANNIVERSARY MASS FOR SUNDAY 12TH SEPTEMBER, 11.00 A.M.

MONTHS MIND for Martin Keelty, U.K.

ANNIVERSARY MASS FOR SUNDAY 12TH SEPTEMBER, 9.00 A.M. GRANGE

Jennifer & Catherine Waddock, Killamaster.

Best wishes to all our Confirmation Candidates as they receive their sacrament this weekend.

MASSES FOR THE COMING WEEK

<u>**Tullow**</u> Monday and Wednesday 9.30 a.m. Tuesday & Thursday (Scripture & Eucharistic Service) 9.30 a.m. Friday & Saturday 7.30 p.m. Sunday 11 a.m. <u>**Grange**</u> 9 a.m. Sunday morning <u>**Ardattin**</u> 10 a.m. Sunday morning

Recommended H.S.E. Guidelines for all those attending Mass.

- Please sanitise your hands when entering and leaving church.
- The use of face masks by those attending Church is compulsory.
- Maintain Social distance between yourself and other people.
- Do not shake hands or make close contact where possible.
- Stay at home and self-isolated if you have a fever, a new persistent cough, shortness of breath, a loss or change in your sense of smell. Phone your G.P.

Accord Recruiting Volunteers as Marriage Facilitators

Accord Catholic Marriage Care Service CLG is currently recruiting volunteers to train as marriage preparation programme facilitators.

Accord is seeking registration of interest from those who have a positive attitude towards marriage in the Catholic Church and the enthusiasm to be part of a team supporting couples who are preparing for the Sacrament of Marriage.

Successful applicants will receive professional training and will be part of a team delivering marriage preparation programmes locally in accordance with best practice.

Contact Aisling on 01 5053112 or email to info@accord.ie

The closing date for receipt of registration of interest forms to be included in Selections for this year is Friday 27th August. Additional information is available on www.accord.ie

EMAIL ADDRESS: tullowparish@outlook.com

St. Anne's College of Further Education Tullow Community School, Tullow.

Enrolments are now taking place for the following QQI Level 5 course which will commence in September, 2021.

One Year Advanced Business

and Information Technology Training Course

- Back to Education Grants, Maintenance Grants, FAS Funding and VTOS Grants available for those who are eligible.
- St. Anne's College of Further Education are pleased to offer the above QQI Level 5 Course to adults who need to return to education.
- Application forms and further information are available from the school office. **Phone 059 9151473.**

Tullow Parish Community Centre. Phone: 059 9151277.

Email: tullowparish@outlook.com