

Forward Steps Resource Centre, Tullow.

Peer Support Group: Forward Steps will run a Peer Support Group for parents or carers of children or adults with special needs in September during the day (time and date to be confirmed). Come along for a cuppa and a chat. We will also run some activities of interest for parents. Contact Pamela (Family Support Worker) on 083 2052462.

Forward Steps are looking to see what courses people would like us to run at the Centre from September, 2022. Give Pamela a call on 083 2052462.

In August we will be running a **Community Art Project**, using rocks to promote the message of hope and community. The art project will be displayed in the garden at Forward Steps.

Grange Hall

Grange Village Committee is looking for former members of Grange Hall Committee, and anyone who was involved in setting up Grange Hall.

Contact Dolores on 0868231223, Sharon on 0876649084.

BALLON BTS UPCOMING COURSES

SEPT - DEC 2022

QQI

Healthy Lifestyles Programme, Office Admin, Manual & Computerised Payroll, Book-keeping, Supervisory Management.

CRAFT COURSES

Cooking, Pottery, Creative Writing, Art, Sewing, Pilates, Smart Phone Course, Internet Skills, Jewellery Making, Flower Arranging, Photography.

Contact 059 9159447

MOVING ON PROGRAMME FOR MOTHERS

St. Catherine's Community Services Centre, Carlow.

Achieve an Employment Skills Level 4 Major Award.

Starting in September 2022.

Limited free childcare spaces available.

Contact: 059 9138700 / 085 1628570 Email: tonyd@catherines.ie

Web: www.catherines.ie

Key found outside Dentists on Thursday. Contact Tullow Day Care Centre.

HOST FAMILIES REQUIRED

For 11/12 year old students attending Scoil Mhuire Lourdes.

Families must have children similar age.

Arriving 6th September until 20th December. €200 pw.

Contact Susan 085 1197881

TULLOW, GRANGE & ARDATTIN PARISH NEWSLETTER

24th July, 2022.

17th Sunday in Ordinary Time.

And

Grandparents Day

PARISH CONTACTS

Parish Office: 059 9151277.

Email: tullowparish@outlook.com

Fr. Brian Maguire: 059 9181253.

Mass Times: Tullow:

Monday: 9.30 a.m.

Wednesday: 9.30 a.m.

Friday 9.30 a.m.

Saturday: 7.30 p.m.

Sunday: 11.00 a.m..

Tuesday & Thursday, 9.30 a.m.: Service of the Word & Holy Communion.

Grange: Sunday at 9.00 a.m.

Ardattin: Sunday at 10.00 a.m.

The Lord's Prayer

In our Gospel today we hear the words of the Lord's Prayer, it is said to contain most of the Gospel message within it.

Father

In the eyes of the Jews, Jesus claimed equality with God, when he called God his Father. His use of the word led to His death and resurrection. These two events are the cornerstone of our Faith. When we call God Our Father, we acknowledge that without God we not exist. All we have, and all we are, come from God.

Your Kingdom Come

The complete Kingdom of God is in its fulfilment in Heaven at the end of time. In saying these words we proclaim our mission in life. We hope to come into eternal life in the Kingdom of God through living good Christian lives.

Give us each day our daily bread

Through the riches of his creation God has provided us with our daily needs. With these words we accept our total reliance on our God.

Forgive us our sins

None of us constantly lives a full Christian life. It is important to admit this through repentance. These words confirm our belief that God is our judge.

For we ourselves forgive each one who is in debt to us

This line goes to the heart of the Christian way of life. We seek to treat others as we would wish to be treated ourselves. The way we live as Christians will dictate God's response to us at the end of time.

And do not put us to the test

We need God in our lives and with these words we ask Him not to forsake us.

"We do need courage to pray the Our Father. What I say is this: we must humble ourselves into saying "Daddy" and to truly believe that God is the Father who accompanies us, forgives us, gives us bread and is attentive to all that we ask..."

Pope Francis

Vincent Crowley
Deacon

RIP Sean O'Connor, formerly Tinnock & Sydney who died recently.

MASSES FOR SATURDAY 23RD JULY, 7.30 P.M.

Margaret Moody, Kinneagh. Martin & Brid Ruschitzko, St. Aubins, Shillelagh Rd. John Nolan, Mt. Aaron. The Kirwan Family, Mt. Wolseley Lodge. Tomás McDonald, 20 St. Patrick's Pk. Annie & Gerald McDonald, Rathvarrin. Bridie & Peter Bolger, Bendenstown.

MASSES FOR SUNDAY 24TH JULY, 11 A.M.

MONTHS MIND: Paddy McDonald, The Hermitage, Tullowhill. Teresa Kelly, Tankardstown. Bill & Teresa Edwards, St. Austins.

ANNIVERSARY MASS: Sean Farrell, Newry today Sunday 24th July at 9 a.m. in Grange Church.

MASS FOR MONDAY 25TH JULY, 9.30 A.M.

James & Eileen Cosgrove, Dublin Road.

ANNIVERSARY MASS: John Morrissey, Grangeford on Wednesday 27th July at 7.30 p.m. in Grange Church.

MASSES FOR SATURDAY 30th JULY, 7.30 P.M.

Mary Hogan, Pairc Mhuire. Bridget & Michael Berry & deceased family members, Carlow Road. Teresa, Patsy & Molly Mernagh & deceased family members, Station Rd. John Fitzpatrick, Rathlyon. Mary Doyle, Grange Park. Thomas Doyle, 48 Dublin Road.

Masses for the coming week:

Tullow:

Monday: 9.30 a.m.
Tuesday: 9.30 a.m. (Service of The Word and Holy Communion).
Wednesday: 9.30 a.m.
Thursday: 9.30 a.m. (Service of The Word and Holy Communion).
Friday: 9.30 am.
Saturday: 7.30 p.m.
Sunday: 11.00 a.m.

Grange:

Sunday: 9.00 a.m.

Ardattin:

Sunday: 10 a.m.

Parish of Tullow, Grange and Ardattin: Registered Charity Number: 20015848

Email: tullowparish@outlook.com

GRANGE CEMETERY MASS 2022

Friday 29th July at 8 p.m.

Cardiac Rehab Podcast "It's Cardiac Rehab" – A podcast series bringing together experts in cardiac rehab and patients who have attended cardiac rehabilitation. Topics included are exercise, medication, healthy eating and the psychological impact of living with heart disease. If you have had a cardiovascular event such as a heart attack, coronary artery stenting or coronary artery bypass surgery – log onto <https://irishheart.ie/services-for-you/its-cardiac-rehab-podcast/> for information and support.

African Mass: An African Mass is held on the 3rd Sunday of the month in St Brigid's Church, Kildare at 2pm. All welcome.

Reek Sunday 2022: The annual Reek Sunday pilgrimage takes place on Sunday July 31st at Croagh Patrick. Confessions on the summit: 7.30 a.m. - 2 p.m. Mass hourly from 8 a.m. - 2 p.m.

The Tullow Marathon Runners are back and their presentation of cheques to local charities and clubs will take place on 31st October, thank you for your continued support, if you would like to sponsor us our account is in Tullow Credit Union under 'Marathon Runner'. We would be so grateful with anything big or small.

Parish Collections

Envelope Collection: €1,120. **Basket Collection:** €500. Many thanks.
Ardattin Cemetery Mass Collection: €260. Many thanks.

FRIENDS OF CALCUTTA would like to express their profound gratitude for your continued support for their clothing appeal. Your support is appreciated.

Eist Cancer Support Centre

The Eist Cancer Support Centre has moved to 46 Idrone Park, Carlow. Eist continues to provide emotional support and practical help to all affected by cancer. To make an appointment or for more information please contact us on 085 8661499 or info@eistcarlowcancersupport.ie

Tullow Parish Community Centre. Phone: 059 9151277.