Menopause, Sacred Pause and Nutritional Support. Relaxation, Meditation, Energy Clearing and Foods to Support a Calmer Menopause. Saturday 18th May from 10 - 12.30 pm. in Teach Bhride, Tullow. Contact Rose on 086 2651444. Cost is €45.

Art Class (6 week course) for beginners and upwards will be held in Tullow Parish Centre starting on Wednesday 15th May from 2 - 4 p.m. Contact Therese on 087 6478080.

TULLOW ACTIVE RETIREMENT ASSOCIATION

There are a few seats left on the **Holiday to Donegal** departing on 3rd June. Phone Jim on 086 1200464

Mystery Tour arranged for Thursday 25th July. A great day guaranteed. Coach will leave Church Car Park Tullow at 9 a.m. sharp. Tea and scones enroute, 3 course meal at end of tour. Return to Tullow at 7.30 p.m. Price: €75 per person to include coach, all meals and entrance fees. Contact Jim on 086 1200466.

Annual Bus Trip to Knock will take place on Saturday 2nd June. Bus will leave Tullow Church Car Park. Cost is €30. To book a seat contact Brendan on 087 6537753 or Josie on 087 2543235.

Tullow Active Retirement

The next meeting will be held on Tuesday 21st May at 2 p.m. in Tullow Parish Community Centre. A guest speaker from Age Friendly (Healthy Age Friendly Homes) will speak to the group.

Brahms and the Beatles

A concert with the Tullow Singers and Friends will be held on Wednesday 29th May at 8 p.m. in St. Columba's Church, Tullow.

TULLOW, GRANGE & ARDATTIN PARISH NEWSLETTER 12th May, 2024

The Ascension of the Lord.

PARISH CONTACTS

Parish Office: 059 9151277. Email: tullowparish@outlook.com Fr. Brian Maguire: 059 9181253.

Mass Times this week:

Monday, Wednesday and Friday at 9.30 a.m. Service of the Word and Holy Commun-

on:

Tuesday and Thursday at 9.30 a.m.

The Ascension of the Lord

Praise the Lord from the heavens, praise him in the heights.
Praise him, all his angels, praise him, all his hosts.

Praise him, sun and moon, praise him, shining stars.
Praise him, highest heavens and the waters above the heavens.

Let them praise the name of the Lord. He commanded: they were made. He fixed them for ever, gave a law which shall not pass away.

Praise the Lord from the earth, Sea creatures and all oceans, fire and hail, snow and mist, stormy winds that obey his word.

All mountains and hills, all fruit trees and cedars, beasts, wild and tame. reptiles and birds on the wing. **R.I.P.** George Mernagh, Knocklow and Martha Feleppa (nee Walsh), London and formerly of Cannonsquarter who died during the week.

MASSES FOR SATURDAY 11TH MAY, 7.30 P.M.

Bridget & Liam O'Leary, Courtlawns and Ballymurphy. William Shannon, Grangeford. Pat Keogh, Hillbrook Estate. Margaret Brady, Old Chapel Lane. Esther & Michael Murphy, 4 Courtview and formerly of 10 Castledermot Road. Nelly & Matthew Quinn, Ardoyne. Emma O'Donoghue, Paulville. Frank & Catherine Mallin, late of Templeowen and daughter Kay Currid. Paddy Doyle, Tankardstown. Joe Kelly, Tankardstown. Nelly Byrne, 12 Dublin Road. Jer O'Toole & Peggy O'Toole and deceased family members, Ballymurphy. Paddy & Mary Murphy, the Green and deceased family members. John Black, 61 Dublin Road. Sheila O'Shea, Hawkins Lane. Charles & Ann McDermott and Michael Lennon, Bridge Street.

MASSES FOR SUNDAY 12TH MAY, 11 A.M.

MONTHS MIND: Mary Horan, The Shroughan.

FIRST ANNIVERSARY: Elizabeth (Lily) O'Neill, Ardoyne.

ANNIVERSARIES: Nicholas & Peggy Jackman, Barrack Street & son James, London and late of Barrack Street. Siobhan O'Sullivan, late of The Slaney Hotel. Jack McGuinness, Knocklow.

MASSES FOR SUNDAY 18TH MAY, 7.30 P.M.

Annie Keogh, The Mullawn. Dan & Mary Byrne, Rathvilly. Paddy Nolan, Tankardstown.

ANNIVERSARY: Patrick Butler, Rathbawn next Sunday 19th May at 9 a.m. in Grange Church.

MASSES FOR SUNDAY 19TH MAY, 11 A.M.

FIRST ANNIVERSARY: Sean O'Brien, New Jersey and Ballykilduff. **ANNIVERSARY**: Reina Rebolledo, 15 River View, Tullow.

Parish Collections

Envelope Collection: €1,820. **Basket Collection**: €881. Many thanks.

The Rosary will be recited at the statue of Our Lady, Tullow Church at 3 p.m. every Sunday during the month of May.

Coffee Morning, Cake Sale and Raffle

will be held in Tullow Parish Centre on Friday 17th May from 10 a.m. to 12 noon in aid of St. Joseph's Young Priests Society. All welcome.

SUMMER VOLUNTEERS NEEDED Carlow Regional Youth Service

Are you 16+ and interested in volunteering with us this summer?

If so please text your name to 086 67712198.

Open to all abilities and a disability.

DRAMA WORKSHOP

with Actor Rachel Pilkington in Tullow Parish Centre on Monday 20th May from 4 - 5.30 pm.

Cost: €20. Only 16 places. To book email info.rachelpilkington@gmail.com

TULLOW PARISH EMAIL ADDRESS: tullowparish@outlook.com

Parish of Tullow, Grange and Ardattin: Registered Charity Number: 20015848

Email: tullowparish@outlook.com