Jennifer Murnane's Clinic will be held every Monday in Tullow Parish Community Centre from 10.15 - 1 p.m.

TULLOW TIDY TOWNS

Meet at the library every Wednesday evening at 6.30pm Lets come together and make our town shine!!

TULLOW PARISH EMAIL ADDRESS: tullowparish@outlook.com

ANN'S FOOTCARE TULLOW

086 369 1876 Home visits available

The Annual General Meeting of Tullow Community Group CLG will be held on Tuesday 27th August at 5.30 p.m. in Tullow Parish Centre. All are welcome to attend.

MacMillan Family Encyclopedia for good home. Text 087 9798557

PERSONAL TRAINER: available to your home or local public space. Training & strength & movement consultations. Contact Darragh 085 8452596 or email Darragh@oopmovement.ie.

Website: www.oopmovement.ie

GIVE BLOOD, SAVE A LIFE!

Talbot Hotel, Carlow Monday 26th August to Thursday 29th August 3.45 p.m. to 8.00 p.m. Contact 1800222111 for appointment

Second-hand secondary school books 1st and 5th year for sale, contact 085 8274699.

TULLOW, GRANGE & ARDATTIN PARISH NEWSLETTER

25th August, 2024 Twenty First Sunday in Ordinary Time.

PARISH CONTACTS

Parish Office: 059 9151277. Email: tullowparish@outlook.com Fr. Brian Maguire: 059 9181253.

Service of the Word and Holy Communion: Tuesday & Thursday at 9.30 a.m.

MASSES: Monday, 9.30 a.m.

Wednesday, 9.30 a.m. Friday: 9.30 a.m.

Good Self Awareness

The act of "lowering myself" imitates the comingdown and coming-close of the Word of God. It is the humility of confessing our faults, not to punish ourselves which would make the same mistake of putting ourselves in charge-but to acknowledge our dependence on God and our need of His grace. Rather than accusing others for their failures and limitations. I find some fault or attitude in myself. And I then turn to my Creator and my God and ask Him for the grace I need to move forward, confident that He loves me and cares for me. Rather than close myself off to God, I open the door for Him to act in and through me, because God never imposes on our freedom; He must be invited in. And I find, when this happens, that rather than find fault in my brother or sister, I see in him or her one who is also struggling and in need of help, and I offer myself in service to them.

Accusing myself, confident of God's mercy, reveals the bad spirit, which loses its foothold. Often what divides us comes not from holding different views but from the bad spirit hidden behind those views, which remains hidden by the contagious cycle of accusation and counteraccusation. Just as what separates me from my brother and sister is my (and their) spirit of self-sufficiency and superiority, so what unites us is our shared insufficiency, our mutual dependence on God and on each other. We are no longer rivals, but members of the same family. We might argue and disagree, but we are no longer caught in a vicious spiral of mutual antagonism. We do not think the same, but we are part of the same Body moving together.

'Let us Dream' Pope Francis

R.I.P Sharon Kavanagh (nee Tobin), Kill. Pat Bolger, Pairc Mhuire & Mary Nolan (nee Mernagh) Shillelagh Road who died recently.

ANNIVERSARY MASSES FOR SATURDAY 24TH AUGUST, 7.30 P.M.

FIRST ANNIVERSARY: Patsy Galvin, Dublin Road.

Brigid, T.J. & Colum Doyle, Pairc Mhuire. Patrick & Mary O'Connor, Dublin Road & daughters Mary & Lily & son Benny. James & Brigid O'Connor, Dublin Road. Mary & Andy Nolan, Raheengraney. Joseph Nolan, Hillbrook Est. Peter & Kathleen Rooney, 56 Dublin Road. Tommy Kavanagh, Kill, also his parents Jim & Elizabeth & his brother John. Mary Lynch, Hillbrook Est. William & Mary Gahan, Ardoyne. Mary & William O'Toole, Templeowen & daughters Margaret, Philomena & Antoinette & son Willie. Andy, Mary & Darren Timmons, Hillbrook Est. Thomas & Bridget Maher, Killalongford. John & Annie Brennan, Butlersgrange & daughter Kathleen, Shroughan Close & granddaughter Lisa Roche. Eddie Dawson, The Rise. Marian Reamsbottom, Green Lane, Carlow.

ANNIVERSARY MASSES FOR SUNDAY 25TH AUGUST, 11.00 A.M.

William Broughan, Coppenagh & deceased family members. Brian Flynn, Shillelagh Grove.

ANNIVERSARY MASSES SUNDAY 25TH AUGUST IN GRANGE, 9.00 A.M.

MONTHS MIND: Mary Teehan (nee Byrne), Killerig.

FIRST ANNIVERSARY Sr. Therese Dillon, Artane, Dublin &

Killerig

ANNIVERSARY: Rosie Rooney, Pollerton, Carlow.

ANNIVERSARY MASSES FOR SATURDAY 31ST AUGUST, 7.30 P.M.

Oliver Redican, Tullowhill, Carmel Neavyn, The Shroughan.

ANNIVERSARY MASS SUNDAY 1ST SEPTEMBER IN GRANGE, 9.00 A.M.

Hugh Murphy, Grange.

Pilgrimage to Our Lady's Island on Sunday 8th of September. Bus leaves Church carpark at 4p.m. €25 per head. Please contact Parish Office on 059 9151277.

Parish Collections

Envelope Collection: €1,609 **Basket Collection**: €694. Many thanks.

TULLOW DAY CARE CENTRE SHOP If you would like to donate any unwanted gifts or bric-a-brac we would be delighted to receive them.

ADULT LEARNING

Free Classes
Reading, Writing, Numeracy, Smart Technology
Certified QQI Levels 1-4
Small groups & one to one available
Contact 0599135544 / info@carlowadultlearningcentre.ie
Open Day on Friday 6th September 10am—2pm
All are welcome!

JENNIFER MURNANE O'CONNOR T.D. will attend Tullow Day Care Centre on Monday 26th August at 11 a.m. She will speak about entitlements & grants that are available to you which you may be unaware of. Please mark this date in your diary & spread the word!!

Eist Cancer Support Centre

The Eist Cancer Support Centre has moved to 46 Idrone Park, Carlow. Eist continues to provide emotional support and practical help to all affected by cancer. To make an appointment or for more information please contact us on 085 8661499 or info@eistcarlowcancersupport.ie

Parish of Tullow, Grange and Ardattin: Registered Charity Number: 20015848

Email: tullowparish@outlook.com