

TULLOW DAY CARE CENTRE SHOP If you would like to donate any unwanted gifts, bric-a-brac or clothes we would be delighted to receive them.

YOGA for All Level with Pam Butler starts on Tuesday January 28th at 7 p.m., Teach Bhride Holistic Education Centre. Pre-register at pam-butleryoga.com/shop. Pam has been teaching for 25 years and will guide you through a progression of yoga to strengthen, stretch, focus and relax you. Contact Pam on 086 0891141.

Slaney Valley Cycling Club based in Tullow caters for cyclists of all fitness levels aged 18 plus. We provide weekly training spins every Sunday throughout the year and Mid Week Evening spins during the summer months. Our most recent development is our facility providing indoor Smart turbo training sessions during the winter months. We have all weathers covered! New members welcome, enquiries to slaneyvalleycc@gmail.com

The Great Duckett Run is scheduled for Sunday 2nd February, this is a local event with all monies being put back into the community. It has now sold out with 300 participants registered. Grange Valley Committee cater for the crowd following the run with refreshments. Any donations of snacks, cakes etc from the amazing bakers in our community would be very welcome and can be left into the GAA Clubhouse on Saturday 1st February between 2 p.m. and 4 p.m. Thanks to everyone who supports us.

Jennifer Murnane's Clinic will be held every Monday in Tullow Parish Community Centre from 10.30 - 1 p.m.

Childminder wanted Monday through Friday. Full Time. Starting in April/May. 7 Month old. Phone 087 9130687.

Eist Cancer Support Centre

The Eist Cancer Support Centre has moved to 46 Idrone Park, Carlow. Eist continues to provide emotional support and practical help to all affected by cancer. To make an appointment or for more information please contact us on 085 8661499 or info@eistcarlowcancersupport.ie

TULLOW, GRANGE & ARDATTIN PARISH NEWSLETTER

2nd February, 2025

The Presentation of the Lord

PARISH CONTACTS

Parish Office: 059 9151277.

Email: tullowparish@outlook.com

Fr. Brian Maguire: 059 9181253.

Mass Times: Monday (Bank Holiday) at 11 a.m.

Wednesday and Friday at 9.30 a.m

Service of the Word and Holy Communion: Tuesday and Thursday at 9.30 a.m.

St. Brigid



Legend holds that Brigid made her first cross from rushes she picked from the floor as she visited a pagan chieftain who was dying. While sitting by his bed she began to weave the rushes into the shape of a cross and tell the stories of her Christian faith. The cross became a symbol of peace and protection, protection of animals and protection from fire and disease and a blessing for home and hearth. Crosses were exchanged too in times of clan feuds as a sign of reconciliation. From that time Irish people have never ceased to weave these crosses.

The rushes represent our hopes, our dreams, our gifts and our efforts in working towards a more caring society. Brigid gathers our rushes of sorrow and gladness, of happiness and pain, tears and laughter, kindness and caring, of voluntary groups and organisations, of families, relations and friends, of schools and hospitals, of work and sport and recreation, and all the little words and deeds offered in hope, in faith and in love. She is weaving them all with loving hands into a new form, a richer and more beautiful creation. May Brigid bless us and possess us with her ever faithful love.

R.I.P. Nicholas (Nick) Carroll, Tankardstown House who died during the week.

MASSES FOR SATURDAY 1ST FEBRUARY, 7.30 P.M.

MONTHS MIND: Mary Guilfoyle, Castledermot Road.

Stuart & Margaret Ellis, Elmgrove. Michael & Paddy Whelan, Elmgrove and their parents and deceased family members. Joe Nolan, Hillbrook Estate. Maureen Doyle, 35 Graigowen. Pat Keogh, 35 Graigowen. Lill Archibold and son Jack, Grange, Tullow. Patrick & Rose Kelly, Knocklow and their daughter Mary Fahy. Lt. Col Denis Burke, Kildare.

MASSES FOR SUNDAY 2ND FEBRUARY, 11 A.M.

FIRST ANNIVERSARY: Eileen O'Toole, Castledermot Road and Southhampton.

ANNIVERSARIES: Mike Holden and deceased family members, Ouragh. Bernard Flynn, The Course.

MASSES FOR SATURDAY 8TH FEBRUARY, 7.30 P.M.

Jane Keating, Castledermot Road. E.J. Foley, Shillelagh Grove. Peter Byrne, Dublin Road and his brother Harry Byrne, Rathvilly. Thomas Byrne, Ballymurphy, son Michael and daughters Jenny and Molly. Francis Brady, Old Chapel Lane. Dom Murphy and deceased family members, Barrack Street. Thomas Thompson, Knocknatubrid. Mary O'Neill, Ballintemple. Mary Doran, 3 Pairc Mhuire and The Hayden family, Tankardstown.

FIRST ANNIVERSARY: Thomas McGagh, Ballintemple next Sunday 9th February at 10.00 a.m. in Ardattin Church.

MASSES FOR SUNDAY 9TH FEBRUARY, 11 A.M.

Padraig Cunnane, Shillelagh Grove. Adrian Kelly, formerly of Crosskeys, Tullow.

Taking Action for Whole Health and Wellbeing - what we can do to support our health and wellbeing and improve our lifestyle. Wednesday 19th February from 7 - 9 p.m. in Forward Steps Resource Centre for 6 weeks. Contact reception on 059 9152776. Open to everybody but spaces are limited.

Tullow Parish Email Address: tullowparish@outlook.com

Church Repairs

During the year it became clear that there was water penetration through the steeple area causing dampness in the wall behind the organ and that the lead used on the roof and dormer windows was showing signs of corrosion. An engineers inspection confirmed our fears and we await a full report with costings shortly.

Fierce Crafty: Join our over 60's Social Craft Group for all skill levels every Wednesday from 2 - 4 p.m. Call Gemma on 083 1489587 or just drop into Forward Steps Resource Centre.

Tullow Tidy Towns – Let's Make Our Town Shine!

As part of Tullow's annual entry in the National Tidy Towns Competition, we're calling on the community to help us boost our efforts in the **Community Engagement** category. Whether you have time to spare or just a few minutes, there's something everyone can do to make a difference.

Here's how you can get involved:

- **Residents' Associations:** Enhance your estate entrances with flowers, clean signage, or a fresh coat of paint.
- **Landowners:** Please cut and maintain your hedges by **March 1st, 2025**, before restrictions come into effect.
- **Homeowners:** Ensure bins are secure so litter doesn't blow away.
- **Businesses:** Keep shopfronts clean, remove outdated notices, and maintain a tidy, welcoming appearance.
- **Everyone:** Spend just 30 minutes tidying up outside your home, workplace, or a public space – every little effort adds up!

We're also working on our Tidy Towns application and would love to showcase the amazing work happening around Tullow. If you've made improvements, please let us know! Whether it's a quick tidy-up, planting flowers, or a bigger project, we'd love to include it.

If you have before-and-after photos, even better – though not essential. You can email us at dtain-f0365@gmail.com or WhatsApp Teresa in the office on 089 4358407.

Remember, if you see something that needs doing, don't wait – tackle it! Together, we can make Tullow a place to be proud of.

Thank you for your continued support!

Parish of Tullow, Grange and Ardattin: Registered Charity Number: 20015848

Email: tullowparish@outlook.com