

TULLOW DAY CARE CENTRE SHOP If you would like to donate any unwanted gifts, bric-a-brac or clothes we would be delighted to receive them.

YOGA for All Level with Pam Butler starts on Tuesday January 28th at 7 p.m., Teach Bhride Holistic Education Centre. Pre-register at pam-butleryoga.com/shop. Pam has been teaching for 25 years and will guide you through a progression of yoga to strengthen, stretch, focus and relax you. Contact Pam on 086 0891141.

Slaney Valley Cycling Club based in Tullow caters for cyclists of all fitness levels aged 18 plus. We provide weekly training spins every Sunday throughout the year and Mid Week Evening spins during the summer months. Our most recent development is our facility providing indoor Smart turbo training sessions during the winter months. We have all weathers covered! New members welcome, enquiries to slaneyvalleycc@gmail.com

The Great Duckett Run is scheduled for Sunday 2nd February, this is a local event with all monies being put back into the community. It has now sold out with 300 participants registered. Grange Valley Committee cater for the crowd following the run with refreshments. Any donations of snacks, cakes etc from the amazing bakers in our community would be very welcome and can be left into the GAA Clubhouse on Saturday 1st February between 2 p.m. and 4 p.m. Thanks to everyone who supports us.

Jennifer Murnane's Clinic will be held every Monday in Tullow Parish Community Centre from 10.30 - 1 p.m.

Childminder wanted Monday through Friday. Full Time. Starting in April/May. 7 Month old. Phone 087 9130687.

Eist Cancer Support Centre

The Eist Cancer Support Centre has moved to 46 Idrone Park, Carlow. Eist continues to provide emotional support and practical help to all affected by cancer. To make an appointment or for more information please contact us on 085 8661499 or info@eistcarlowcancersupport.ie

TULLOW, GRANGE & ARDATTIN PARISH NEWSLETTER

9th February, 2025

Fifth Sunday in Ordinary Time

PARISH CONTACTS

Parish Office: 059 9151277.

Email: tullowparish@outlook.com

Fr. Brian Maguire: 059 9181253.

Mass Times: Monday: 2.30 p.m.

Wednesday and Friday at 9.30 a.m.

Service of the Word and Holy Communion: Tuesday and Thursday at 9.30 a.m.

Safeguarding Sunday: 9th February, 2025

Message from Bishop Denis Nulty

Sunday, February 9, is Diocesan Safeguarding Sunday. It is the fifth Sunday in Ordinary Time and reminds us that the focus on Safeguarding is something that happens all year around. The new National Child Safeguarding policy is called 'A Safe and Welcoming Church' and that is what our diocese is, a safe and welcoming Church. The fact that 'Safeguarding Sunday' has become such a regular part of our Diocesan and Parish life, demonstrates how safeguarding has been so well embedded into every area of the life of our diocese and its fifty-six parishes.

Safeguarding Sunday is an occasion to acknowledge and recognise the years of dedication and work by so many to ensure that Kildare and Leighlin is a safe place for children and all who work with them. It's an opportunity to thank all who ensure safeguarding is so well embedded in our diocesan culture, Ailish Higgins, our Director of Safeguarding, the Diocesan Safeguarding Committee, the Designated Liaison People, our Parish Safeguarding Representatives and our priests and people.

As ever, on my parish visits, I encourage ministry with children and young people, this is an essential part of the mission of the Church. Where altar serving, youth choirs, Sunday School have returned I welcome them warmly; where they haven't for whatever reason, I encourage their early return. The life of a parish is often defined by the active engagement of young people in that parish. Safeguarding Sunday is a reassurance to all that being involved in the parish is governed by best practices in safeguarding.

Every blessing and thanks,

Bishop Denis Nulty

MASSES FOR SATURDAY 8TH FEBRUARY, 7.30 P.M.

Jane Keating, Castledermot Road. E.J. Foley, Shillelagh Grove. Peter Byrne, Dublin Road and his brother Harry Byrne, Rathvilly. Thomas Byrne, Ballymurphy, son Michael and daughters Jenny and Molly. Francis Brady, Old Chapel Lane. Dom Murphy and deceased family members, Barrack Street. Thomas Thompson, Knocknatubrid. Mary O'Neill, Ballintemple. Mary Doran, 3 Pairc Mhuire and The Hayden family, Tankardstown.

FIRST ANNIVERSARY: Thomas McGagh, Ballintemple today Sunday 9th February at 10.00 a.m. in Ardattin Church.

MASSES FOR SUNDAY 9TH FEBRUARY, 11 A.M.

Padraig Cunnane, Shillelagh Grove. Adrian Kelly, formerly of Crosskeys, Tullow.

MASSES FOR SATURDAY 15TH FEBRUARY, 7.30 P.M.

Joseph Norris, 8 Courtview. Jim Roche, 49 Hillbrook Estate. Eddie Byrne, Laburnum Lodge. Christopher, Mary and Pat Quigley and deceased family members, formerly of Dublin Road. John & Elizabeth Maxwell and deceased family members. The Wheeler family, Crosslow. The Cullen family, Dublin Road. Siobhan Mernagh, 6 Upper Station Road. Anthony Gahan, Crosslow and also his sister Chrissy, Askea Lawns, Carlow.

MASSES FOR SUNDAY 16TH FEBRUARY, 11 A.M.

Mary Carroll, Hawthorn Drive. Matt Doyle and his parents May and Larry and his uncle Jim Greene and deceased family members.

FAREWELL MASS: Next Sunday's 11 a.m. Mass (16th February) will be Fr. Brian's final mass with us. It's an opportunity for all of us to thank god for the blessings of recent years and to ask for His gifts of renewal for the future. There will be a cup of tea in the Parish Centre after Mass. All are welcome.

Tullow Parish Email Address: tulowparish@outlook.com

MASS WITH SACRAMENT OF THE SICK

We will have a Healing Mass with the Sacrament of the Sick on Monday 10th February at 2.30 p.m. in the Parish Church, Tullow.

Please note: No morning Mass on Monday morning.

Taking Action for Whole Health and Wellbeing - what we can do to support our health and wellbeing and improve our lifestyle. Wednesday 19th February from 7 - 9 p.m. in Forward Steps Resource Centre for 6 weeks. Contact reception on 059 9152776. Open to everybody but spaces are limited.

St. Brigid and Europe

Kildare man and Naas parishioner, Liam Kenny, has researched a presentation "St Brigid and Europe - the diocesan Patron at the heart of the Europe Dream". Liam developed his presentation having made the surprise discovery on a business visit to Strasbourg in eastern France that there was a devotion in the region to St. Brigid. Fascinated by this devotion to St. Brigid, long distant from her traditional site in Kildare, he researched the Brigidine presence on the banks of the Rhine. The result is an illustrated presentation and informative commentary which is scheduled for the Cathedral Parish Centre, Carlow R93 XV10 on Thursday 13th February at 7.30 p.m. Everyone is invited and welcome to come to this interesting evening which links the Diocesan patron saint with the heart of Europe.

Fierce Crafty: Join our over 60's Social Craft Group for all skill levels every Wednesday from 2 - 4 p.m. Call Gemma on 083 1489587 or just drop into Forward Steps Resource Centre.

Parish of Tullow, Grange and Ardattin: Registered Charity Number: 20015848

Email: tulowparish@outlook.com